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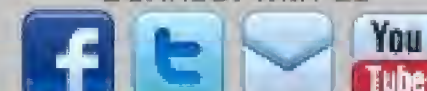


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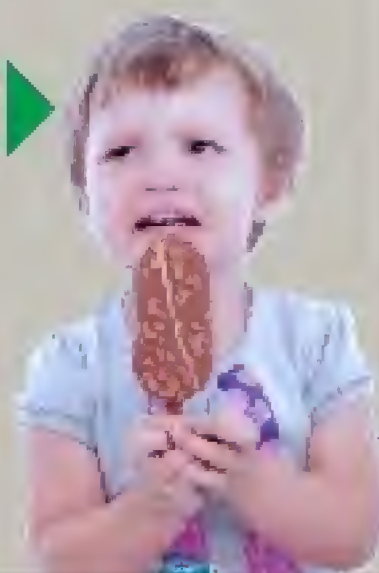
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Your essential daily news | WEEKEND, JULY 29-AUG. 1, 2016

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THE ASSOCIATED PRESS

Winnipeg muggles to gather for Canada's largest
Potter party since Deathly Hallows **metroNEWS**Leader hints
port sought
new bailout

CHURCHILL

Pallister says
Omnitrax won't
be 'rewarded'
again this year

Premier Brian Pallister hinted strongly Thursday that the Port of Churchill — the largest employer in the subarctic town of 800 — has been shut down because its owner, Omnitrac, was refused another government bailout.

Denver-based Omnitrac has not commented on its decision this week to close the seasonal port this summer and scale back freight shipments on the rail line it owns, which is the only land link to Churchill and three other northern communities.

Pallister released an agreement signed by the previous NDP government last year in which the province agreed to pay for

capital upgrades at the port and provide a \$3 per tonne subsidy for grain exports.

Pallister said the deal, which came with a confidentiality clause, was done to address threatened Omnitrac job cuts last year, and a similar request was made this year.

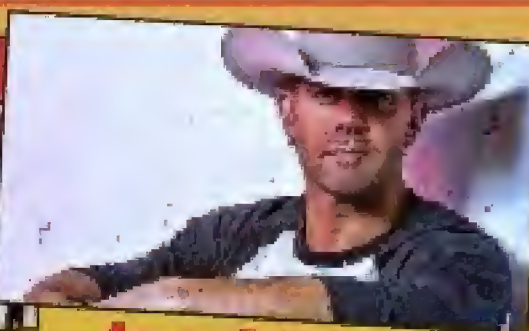
"They were rewarded for doing that last year by the previous administration, and I want to be clear, and today I'm making it clear, that they won't be rewarded on that basis this year," Pallister said.

The NDP caucus, in a written statement, said it agreed to financial help for Omnitrac last year "to ensure the port stayed open while transitioning to a new sustainable ownership model."

New Democrat MP Niki Ashton, whose seat includes Churchill, is calling on the federal government to take over the port to ensure its survival.

THE CANADIAN PRESS

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Winnipeg Jets had a choice with Hull

OPINION
Colin Fast



"We had no choice" is True North Sports and Entertainment's explanation for their decision to induct Bobby Hull, alleged serial wife abuser and Hitler admirer, into the new Winnipeg Jets hall of fame.

In an interview with CBC earlier this week, a True North spokesman said the team wants to honour the history of professional hockey in Winnipeg, and had no choice but to induct Bobby Hull and his Hot Line partners, Anders Hedberg and Ulf Nilsson, into the hall.

True North is right to celebrate Winnipeg's WHA days. While the Jets 1.0 franchise might reside in Arizona, the memories live on here.

But when it comes to Hull, True North did have a choice.

They could have honoured someone else. Teemu Selanne is universally loved. Dale Hawerchuk is probably the best Jet ever. And Hedberg and Nilsson could be honoured on their own for being among the first European superstars to play in North America.

They could have honoured an entire team, like the 1976 Avco Cup winning squad, which would have minimized Hull's presence.

Or they could have made the boldest choice of all, and decided Hull doesn't deserve to be in the Hall of Fame. That the values he represents aren't consistent with the team and

the community today.

Would that have raised questions over the years? No doubt. And every time someone wondered why Bobby Hull wasn't in the Hall of Fame it would be an opportunity to say True North takes a strong stance against domestic violence and expects its players, present and past, to be upstanding citizens.

Instead, they're going to throw him a party and walk him out to centre ice and expect fans to stand and applaud. What kind of message does that send? Hey kids, it's okay to be an abusive jerk as long as you put pucks in the net.

Hull was magnificent on the ice. No one is trying to take that away from him, or strip it from the collective memory of hockey fans in Winnipeg.

But this is True North's Hall of Fame. They make the rules about who gets in, and in this case they've decided score sheets matter more than rap sheets. That attitude might have been the norm back in the 1960s and 1970s when Hull was in his prime, but it's not consistent with societal values today.

We've come to expect more from athletes, celebrities and politicians, and social media is helping to keep them honest. If Twitter and Facebook existed back in Hull's playing days, many fans wouldn't remember him so fondly. Just Google "Evander Kane" for a modern example.

So True North did have a choice. Unfortunately, they made the wrong one.

Group calls for better bike infrastructure

ROAD SAFETY

Advocates say city should pay for more if it values cyclists



Braeden Jones
 Metro | Winnipeg

A new report shows cycling-related injuries have increased in Winnipeg, but advocates say that trend will continue as more people bike until the infrastructure they use improves.

A new Canadian Institute for Health Information (CIHI) report notes a 19 per cent increase in biking injuries between 2013 and 2015, from 200 to 219, but Anders Swanson of the Winnipeg Trails Association says in many parts of the city it's a "guarantee" the number of cyclists has increased as well.

Where there are protected bike lanes, the Trails Association and Bike Winnipeg note increases in daily trips of more than 100 per cent.

For many reasons, those groups and the powers that be in city hall — and in many Canadian cities — want to increase the number of cyclists even further.

As that happens, Swanson said injuries will increase along with overall volume, but that trend doesn't have to last.



Cycling accidents are up, but it's due to an increased number of cyclists, says the Winnipeg Trails Association. **THINKSTOCK**

"(Injuries) start to plateau when you get a good level of infrastructure and the injuries compared to number of people riding actually starts to plummet," he said, pointing to bike havens like Portland and Amsterdam as examples.

Swanson said helping the existing bike-riding crowd and anyone looking to join it from winding up injured is a shared responsibility that requires two key changes: more infrastructure to separate them from vehicles on the road, and a little bit of

compassion and extra space from the people driving those vehicles wherever such safety is lacking.

But the second of those two is difficult to expect, reasonably. Any time stories about bike accidents are shared online, people on social media question whether the cyclist was following the rules.

Results of a recent State Farm Insurance survey show more than half of drivers find cyclists annoying.

Swanson said it's as though the "impetus is on cyclists" to be

safe when they're the vulnerable minority, the assumption being that roads are for cars and not to be shared.

"When you throw people at each other at speed like we are, it obliterates our ability to have compassion," he said. "Walking on the sidewalk, if someone's in my way digging through a purse, I'll step aside, people look to each other and smile ... that's how compassion works."

"In a car people do weird aggressive things ... so it's all about the infrastructure really."



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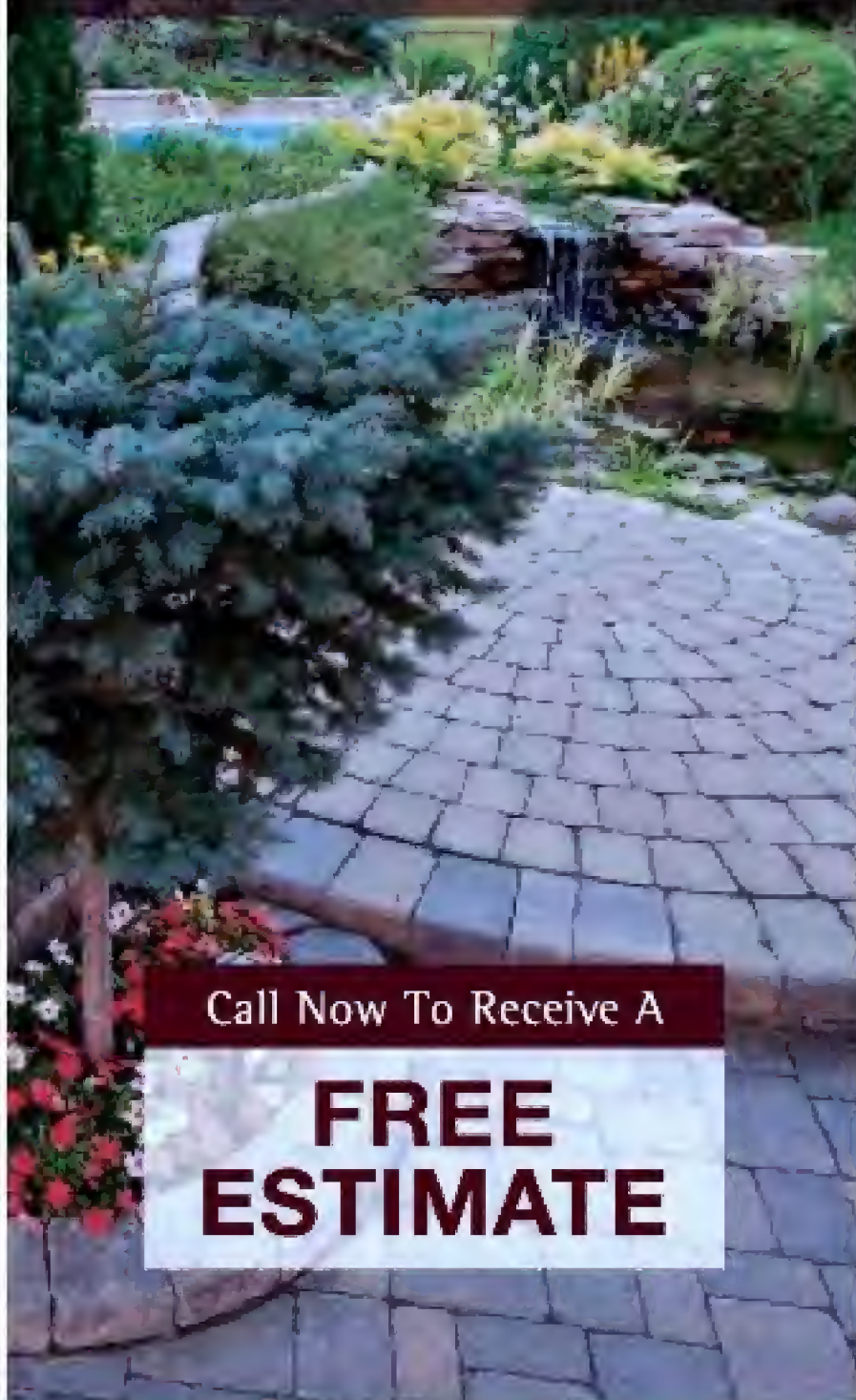
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CANADA SUMMER GAMES THE COUNTDOWN BEGINS Winnipeg 2017 Canada Summer Games co-chair Hubert Mesman, president Jeff Hnatiuk and Mayor Brian Bowman raised the games flag at city hall Thursday morning to mark the one-year countdown until the event takes place in Winnipeg. Organizers say it's possible the city could see \$150 million in economic spinoffs during the July 28-Aug. 7, 2017 games. More than 20,000 visitors are expected. JAMES TURNER/FOR METRO

Teaching you your grandma's skills

ST. NORBERT

New event at farmers' market to teach the art of DIY

Manitoba's largest farmers' market is offering up a novel twist for those looking for a little local DIY.

On Aug. 10, the St. Norbert Farmers' Market will offer a range of free workshops aimed at teaching the citizens of today the home-skills secrets their grandparents likely em-

ployed to keep hearth and home happy and healthy.

Dubbed the Manitoba Farmers' Festival, the half-hour workshops will take place alongside regular mid-week market activities.

Workshops range from the kitchen-oriented and practical (knife sharpening, choosing the right cut of meat, pasta-making) to crafty and artsy (beeswax candle-making, painting in miniature and wood carving).

Green-thumb types and nature lovers will likely benefit from seminars on herb gardening, beekeeping and hints for growing giant pumpkins.

“

**Visitors always tell
us how much they
enjoy them.**

Marilyn Firth

The workshops begin at noon and run until 8 p.m. There are six to choose from each half-hour, said Marilyn Firth, the market's executive director.

“Whenever we host demos at the market, visitors always tell us how much they enjoy them, and how much they wish

they knew more,” said Firth. “This is our chance to help visitors learn more about these skills from familiar faces in our community.”

Those include local chef Karen Peters, Judy Schwartz of Fruit Share and many others.

Firth said she hopes the festival becomes an annual event.

It will also feature music by local Manitoba musicians Kenzie Jane and Trio Bembe, starting at 4 p.m., as well as children's activities, said Firth.

The workshop schedule can be found online at stnorbertainfarmersmarket.ca/events. METRO

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Marilyn Firth says she's thrilled to present a new home-skills workshop series — a first for the market. METRO

City will defend against Terracon lawsuit: Mayor

COURT

Developer claims officials cost millions by dodging deal

James Turner
For Metro | Winnipeg

Winnipeg's mayor says the city will defend itself against a property developer's lawsuit that claims city officials scuttled a long-standing land deal and scooped a major commercial client for itself.

A statement of defence is coming and will answer to Terracon Development's allegations contained in a Court of Queen's Bench lawsuit, Brian Bowman told reporters outside city hall Thursday.

The company is seeking financial damages from the city, alleging it breached confidence, unjustly enriched itself and "recklessly abused its

role as a public office" in connection with a joint venture agreement to develop about 200 acres of land in the St. Boniface Industrial Park area. Terracon's allegations have not been proven in court.

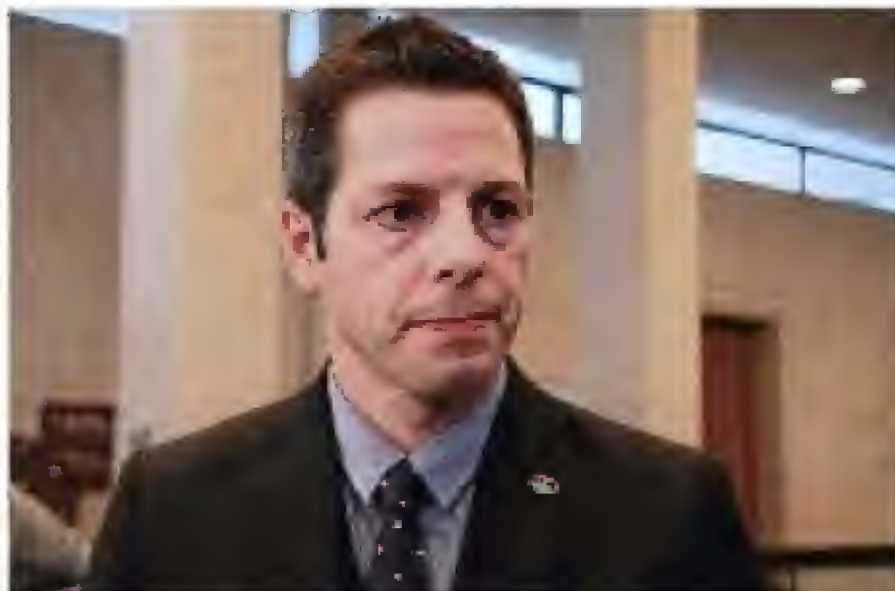
The company says it spent millions on infrastructure and design work and other costs on the agreement, which was rescinded by city council last July.

At the time, City CAO Doug McNeil told Metro the costs of the project had escalated and a major sticking point was over who would pay the property taxes. Terracon wanted the city to pay them but it refused, McNeil said.

On the day the deal was rescinded, council approved a deal with Parmalat to place a milk-processing plant in the area.

Terracon alleges Parmalat was actually its client for the joint-venture development and had revealed this to the city sometime after the 2014 municipal election.

The city violated confidence



Mayor Brian Bowman said the city will defend itself against allegations they scooped a client from a developer. METRO FILE

by poaching Parmalat to work out a separate deal, Terracon claims.

Council voted to give administrators the authority to work out a development deal with Terracon in January 2013.

Bowman said it was never officially signed.

Terracon says it had been in the works since it approached the city in December 2008.

"There was no signed joint-venture agreement, and that's a very important part," Bowman said.

Bowman acknowledged — as the lawsuit states — that he was present at an April 2015 meeting between the city and Terracon. He said Thursday that meeting was held in hopes of encouraging Terracon to sign off on a deal.

ANIMAL ABUSE

Puppy thrown from vehicle on the mend

A puppy who was violently thrown to the pavement in Northern Manitoba is on the mend.

Delighting the staff at the Winnipeg Animal Emergency Hospital, the group posted video Wednesday night of Asha, who was in good spirits and curious, wagging her tail and trying to crawl along.

Manitoba Underdogs Rescue confirmed Thursday Asha managed to stand on her own. They originally thought she may have been paralyzed as she was initially unable to walk.

The emergency hospital said on social media that Asha has no broken bones but is still in pain. They also said she is being transferred to Dakota Animal Hospital for ongoing care.

Asha was the unwitting star in a horrifying video posted to social media Wednesday. In it, a male can be seen holding the puppy, then throwing her in the air to land hard on the pavement.

Jesse Young, 18, of Esterline faces charges of Causing Unnecessary Pain and Injury to a Dog and a breach of undertaking. METRO STAFF

CRIME

Police seek public's help in locating homicide suspect

Police are asking for the public's help in locating a teen they believe is connected to the beating death of a father of four in downtown Winnipeg earlier this month. Police released surveillance images of the individual Thursday morning. He is seen wearing a black and white camo-style jacket.

So far, police have



HANDOUT

charged one man with second-degree murder in the killing of Cyril Quentin Weenusk. METRO STAFF

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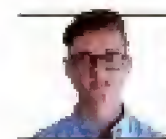
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The wizards of Winnipeg

FANTASY

Assiniboine Park to host free Harry Potter event



Braeden Jones
Metro | Winnipeg

Almost a decade after the last Harry Potter story was released, the magic is still alive in Winnipeg, where thousands are expected to celebrate the latest tale from his wizarding world.

On Saturday, McNally Robinson Booksellers is hosting a free Harry Potter Party in Assiniboine Park to mark the release of Harry Potter and the Cursed Child.

The event will feature astronomy lessons, fortune telling, a petting zoo of typical wizard pets like snakes and owls in a 'care of magical creatures' exhibit and much more.

Spokesperson Tyler Vitt said the 12,000 people who are interested in the event



Need a brush up on herbology? Professor Sprout can probably help on Saturday. MCNALLY ROBINSON/HANDOUT

on Facebook didn't surprise him one bit.

"I really don't know what it is about Winnipeg, but it seems to have so many Harry Potter fans," he said. "It's kind of a joke around here, any time we do promotions or anything

all we have to say is 'Harry Potter' and people get so excited."

The bookstore held Potter parties in the past that saw around 10,000 participants, which Vitt speculates revealed Winnipeg's massive Harry Potter crowd and "helped foster

12,000

The number of people who are interested in the Harry Potter Party on Facebook.

that community."

For this latest release, a script book based on a stage play of the same name, the Potter Party has something for "nostalgic" fans of the original novels and newer fans of the films alike.

"We're trying to appeal to a wide audience," Vitt said. "We've got more hands-on stuff ... defence against the dark arts, Harry Potter trivia ... and there's going to be a tri-wizard tournament — they're going through an obstacle course to get the ultimate trophy, the Goblet of Fire."

In addition to all of that, the event will also involve a "sock toss to free house elves," there will be portrait artists, photo booths and a professional Quidditch lesson from Winnipeg's own Womping Willows.

PRAIRIE COMICS FESTIVAL

An unconventional take on comic con

A new one-day comic festival celebrating the art and literacy of the medium will feature a juried selection of 30 prairie-based creators at the Millennium Library this weekend.

Organizer of the Prairie Comics Festival, Hope Nicholson, said it's "for fans who want to be able to access content by creators in the Prairies," who she believes are "overlooked" compared to peers elsewhere like Vancouver and Toronto.

"Also it's for the artists themselves to get together, talk to each other, learn about new methods, socialize and network," she said.

The selection of those artists and creators was done by Nicholson and a small jury, and focused on finding original work characteristic of the prairie comic scene, which she said isn't like the mainstream comic world people are seeing hit the silver screen en-masse.

"I'm seeing a rise in young adult and academic audience comics here," Nicholson said.

For one of the exhibitors, Autumn Crossman-Serb, the event bridges a gap she feels

larger comic expos and other art festivals fail to address.

"I've wished for something like this for a long time," said the writer and artist who creates fantasy and fairy-tale comics. "The convention scene is generally geared more towards superhero comics ... this new Prairie Comics Festival is going to make it easier for people like me to get together."

The festival will feature a market where those artists and other writers, craft-makers and publishers can interact with fans, promote and sell their material — from print comics and graphic novels, to zines and cartoons.

BRAEDEN JONES/ METRO

+ CHECK IT OUT

The first ever Prairie Comics Festival is free to attend Saturday at the Millennium Library from 10:30 a.m. to 5 p.m., and will be followed by a mixer at the Elephant and Castle on St Mary Avenue at 7 p.m.



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 - LIGHT SPICY
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 - HEAVY SPICY

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 - LIGHT MALTY
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LIQUOR MART

Efforts fail to reach Canadians in Turkey

COUP

Arrested men's status as dual citizens makes matter messy

Government efforts to reach two Turkish-Canadians arrested in connection with a failed coup in Turkey earlier this month have so far been stymied.

Davud Hanci and Ilhan Erdem were arrested and detained separately over the past week as Turkish authorities swept up thousands of people it accuses of having supported the July 15 coup attempt, which left more than 200 people dead.

Citing privacy laws, Global Affairs Canada would only say that Canadian officials in Turkey are in contact with local authorities and providing consular assistance to the men's families. A government source, however, confirmed diplomats have not been able to reach Hanci or Erdem.

Both men are dual nationals,

meaning they hold both Turkish and Canadian citizenship. Hanci lives in Calgary and is an imam for both the federal and Alberta correctional services. Erdem lived in Toronto and Ottawa, where he was also an imam, before moving back to Turkey after getting his Canadian citizenship.

Consular officials often have difficulty helping Canadians with dual citizenship who are arrested in their native country. This is particularly true of countries in the Middle East such as Iran, which does not recognize dual citizenships.

Turkey does recognize dual nationalities. However, the U.S. State Department says the Turkish government does not permit Turks with two nationalities and who are arrested in Turkey to contact officials from the other country for help.

"International law on this is non-existent," said Gar Pardy, who served for years as the federal government's head of consular affairs. "All you can do is just keep pushing."

THE CANADIAN PRESS

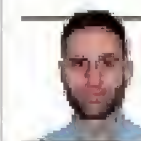


Davud Hanci, one of two detained Canadians.

TORSTAR NEWS SERVICE

ABDIRAHMAN ABDI

Still few answers in Ottawa man's death



Joe Lofaro
Metro | Ottawa

Many unanswered questions still surround the death of Abdurahman Abdi — and one of the most glaring is what exactly happened before, during and immediately after his violent arrest by Ottawa police.

Records provided by the city and eyewitness videos allow us to start to piece together some semblance of a timeline of the events leading up to the tragedy.

Here's what we know.

Ottawa police were called to the city's Wellington Street West around 9:30 a.m. Sunday. They chased Abdi to his apartment.

The full extent of what happened between the time the officers caught up to Abdi and the time they called paramedics — roughly 15 minutes later — is unclear. Witnesses say Abdi was struck with batons and pepper-sprayed, and Ottawa police Chief Charles Bordeleau said officers called paramedics 23 seconds after it became clear Abdi was in "medical distress."



Abdirahman Abdi

COURTESY FAMILY OF ABDIRAHMAN ABDI

City records show paramedics received the first emergency call at 9:49:19 a.m. Paramedics were dispatched at 9:50:36 a.m.

The first paramedics arrived at 9:56 a.m. — five minutes and 24 seconds after the emergency call.

A paramedic called for back-up because Abdi had no vital signs.

One video shows 10 minutes pass between the time paramedics arrived and the time Abdi received CPR. He is then taken to hospital and put on life support. He was pronounced dead the next day.

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Weekend, July 29-Aug. 1, 2016 9

Hillary in the spotlight

U.S. ELECTION

Clinton begins historic White House bid in Philadelphia

It's Hillary Clinton's turn.

After three days of Democratic stars, including a pair of presidents, asserting she is ready for the White House, Clinton had to make that case for herself on her nominating convention's final night.

The first woman to lead a major U.S. political party toward the White House, Clinton was expected to be greeted Thursday by a crowd of cheering delegates eager to see history made in the November election. But her real audience was millions of voters who may welcome her experience but question her character.

For Clinton, the stakes are enormous.

She's locked in a tight general election contest with Republican Donald Trump, an unconventional candidate and political novice. Even as Clinton and her

validators argue Trump is unqualified for the Oval Office, they recognize the businessman has a visceral connection with some voters in a way the Democratic nominee does not.

Campaigning in Iowa Thursday, Trump said there were "a lot of lies being told" at Clinton's convention. In an earlier statement, he accused Democrats of living in a "fantasy world," ignoring economic and security troubles as well as Clinton's controversial email use at the State Department.

The FBI's investigation into Clinton's use of a private internet server didn't result in criminal charges, but it did appear to deepen voters' concerns with her honesty and trustworthiness. A separate pre-convention controversy over hacked Democratic Party emails showing favouritism for Clinton in the primary threatens to deepen the perception that Clinton prefers to play by her own rules.

Former Oklahoma Sen. Fred Harris said it was important for his party's nominee to showcase the "original Hillary Clinton, before she became so guarded"



Delegates cheer on the fourth day of the Democratic National Convention at the Wells Fargo Center on Thursday in Philadelphia. CHIP SOMODEVILLA/GETTY IMAGES

when she takes the convention stage.

A parade of speakers at the Philadelphia convention vigorously tried to do just that on Clinton's behalf. First lady Michelle Obama, former President Bill Clinton and Vice-President Joe Biden each cast Clinton as champion for the disadvantaged and a fighter who

has withstood decades of Republican attacks. Advocates and other Americans who have met Clinton throughout her career spoke of their quiet moments with one of the world's most famous women.

The Clintons' daughter, Chelsea, was expected to introduce her Thursday night, painting a personal picture of her mother.

The week's most powerful validation came Wednesday night from President Barack Obama, her victorious primary rival in 2008. Obama declared Clinton not only can defeat Trump's "deeply pessimistic vision" but also realize the "promise of this great nation."

Seeking to offset possible weariness of a politician who

has been in the spotlight for decades, he said of Clinton: "She's been there for us, even if we haven't always noticed."

Clinton appeared unannounced on the platform as Obama closed his remarks to soak up the midnight roar of cheering Democrats. She pointed at the man who denied her the White House eight years ago, smiled wide and gave him a hug.

A studious wonk who prefers policy discussions to soaring oratory, Clinton has acknowledged she struggles with the flourishes that seem to come naturally to Obama and her husband. She'll lean heavily on her "stronger together" campaign theme, invoking her 1996 book *It Takes a Village*, her campaign said.

Indeed, the Democratic convention has been a visual ode to those mantras: the first African-American president symbolically seeking to hand the weightiest baton in the free world to a woman. A parade of speakers — gay and straight, young and old, white, black and Hispanic — cast Trump as out-of-touch with a diverse and fast-changing nation. THE ASSOCIATED PRESS

GERMANY

Merkel sticking to asylum principles

Chancellor Angela Merkel pledged Thursday to do "everything humanly possible" to keep Germany safe following a string of attacks — including two carried out by asylum-seekers and claimed by the Daesh group that she said mocked the country that took in the assailants.

The attacks brought Merkel fresh criticism for her decision last year to welcome refugees. More than 1 million asylum-seekers were registered in Germany in 2015, although

the influx has since slowed dramatically.

Merkel said at a news conference that Germany will "stick to our principles" and give shelter to those who deserve it.

"We will manage this," she said, repeating a mantra she coined last August.

Merkel called for a better "early warning system" against signs of radicalization, faster progress on plans to create a centre to help crack encrypted messages and bet-



Chancellor Angela Merkel JOHN MACDONALD/AP/GETTY IMAGES

ter international intelligence co-operation, among other measures. But she said it's too early to say in detail what more may be required beyond the tightening of asylum and security laws already undertaken in recent months.

"Wherever there are gaps, we will have to act — just as we have so far — so that it is clear that we are doing everything humanly possible to ensure security in our free, democratic state of law," Merkel said. THE ASSOCIATED PRESS

FRANCE

Second attacker on church identified

French officials on Thursday identified the second man who attacked a Normandy church during morning Mass, saying he's a 19-year-old from eastern France who was spotted last month in Turkey as he supposedly headed to Syria — but who returned to France instead.

The prosecutor's office identified him as Abdel-Malik Nabil Petitjean following DNA tests on his corpse. A security official confirmed that he was the uniden-

tified man pictured on a photo distributed to French police on July 22 with a warning that he could be planning an attack.

Four days later, Petitjean and another local man, Adel Kermiche, stormed the church in Saint-Etienne-du-Rouvray during Mass, holding five people hostage before fatally slashing a priest's throat and seriously wounding another man. The attackers were killed by police as they left the church. THE ASSOCIATED PRESS

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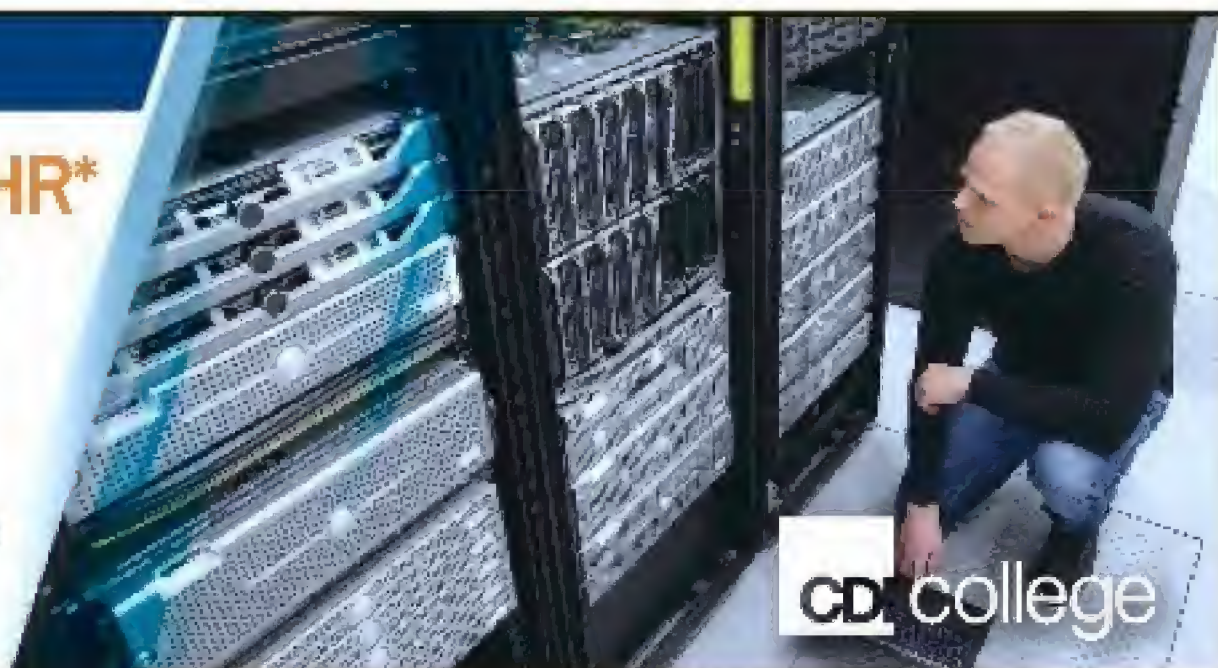
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12 Weekend, July 29-Aug. 1, 2016

World **metro** NEWS

Russia, Syria offer ways out

Ties with al-Qaida cut: Nusra Front

ALEPPO

But residents skeptical of leaving besieged city

After months of fighting to encircle its opponents in Aleppo, Syrian authorities backed by Russia on Thursday offered safe corridors out for residents and rebels in the northern city's besieged quarters, underlining the government's determination to seal off the metropolis and force an eventual surrender by the opposition.

Many residents dismissed the offer, saying it presents them with an impossible choice between a slow death if they stay behind and possible detention if they attempt to leave.

The encirclement of rebel-held eastern Aleppo sets the stage for a drawn-out siege with potentially huge implications for the future of the armed opposition to President Bashar Assad. The military continued to consolidate its grip Thursday, seizing a district on the northern edge of the city.

"If Assad shows that he is winning Aleppo, and he's now also advancing on the rebels



Smoke billows in Bani Zaid after Syrian pro-government forces took control of the previously rebel-held district of Laramun, on the northwest outskirts of Aleppo. GEORGE OURFALIAN/AP/GETTY IMAGES

in Damascus. It could trigger a more dramatic shift by finally convincing opposition groups that they have lost the war," said Aron Lund, nonresident associate of the Carnegie Endowment for International Peace.

The announcement on humanitarian corridors was made

by Russian Defence Minister Sergei Shoigu, and was followed by a general amnesty offer by Syria's President Bashar Assad for rebels who give up their weapons and surrender to authorities over the next three months.

Rebels and residents of Alep-

po said they were deeply skeptical of the offer, and there was no sign of people massing to leave the besieged parts of the city.

"I will not leave. I will be the last man in the city," said Mohammed Zein Khandakani, a 28-year-old resident of the Maadi neighbourhood of Aleppo who

+ COALITION

U.S. probes airstrike

The U.S. military is looking into whether a coalition airstrike in northern Syria caused civilian casualties.

U.S. Central Command, which is responsible for U.S. forces in the Middle East, says in a statement Thursday that the American-backed coalition had conducted airstrikes in the area of Manbij during the past 24 hours. THE ASSOCIATED PRESS

volunteers with the city's medical council. "I can't imagine ever seeing a member of this regime one more time."

But Khandakani, formerly a lawyer who was detained for a month in the early days of the protests against the Syrian government, said he was worried about his family.

Fliers dropped over eastern Aleppo showed supposed corridors leading to government areas, but the media office for the opposition's civil defence search and rescue group in east Aleppo said no safe corridors have been opened.

THE ASSOCIATED PRESS

The leader of Syria's Nusra Front said in recording aired Thursday that his group is changing its name, claiming it will have no more ties with al-Qaida in an attempt to undermine a potential U.S. and Russian air campaign against its fighters.

The announcement is the first time that an entire branch of al-Qaida has said it is leaving the terror network. But the move took place with the endorsement of al-Qaida's central leadership, and its ideology remains the same, raising questions whether the change really goes beyond the new name, the Levant Conquest Front.

The United States, which considers Nusra a terrorist organization, immediately expressed its skepticism. White House spokesman Josh Earnest said Thursday the U.S. continues to assess that Nusra leaders intend to attack the West and said the U.S.-led military campaign is focused on a number of extremist groups, including Nusra and the Islamic State group. But the step could complicate U.S. efforts in Syria.

Without the al-Qaida name, the group will now seek to expand its alliances with other Syrian rebels, including relative moderates backed by Washington and its allies.

THE ASSOCIATED PRESS

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SO MUCH FOR PALEO Cancer's not a disease of modernity. Bone tumours have turned up in two-million-year-old hominids.



DECODED by Genna Buck

THE ONE DOWNSIDE OF SUMMER

Brain freeze. Also known as ice cream headache. Also known as **sphenopalatine ganglioneuralgia** — or the holy-heck-that-hurts nerve pain you get from slurping cold or frozen treats too fast. What's really going on in your head?



A complex system of nerves, membranes and blood vessels kicks into gear when you lick an ice cream too fast.

Two major blood vessels that supply the brain, the **internal carotid artery** and the **anterior cerebral artery**, meet right around where the ice cream hits.

Pain receptors are located in the **meninges**, the membranes that surround the brain

The **trigeminal nerve** carries the pain signal to your face.

GRAPHICS: ANDRÉS PLANA/METRO

FINDINGS

Your week in science



ILLUSTRATION BY UKO GORTER

WHALE OF A DISCOVERY

A legend has come to life in the North Pacific after remains of a small, dark beaked whale washed up on an Alaska beach in 2014. Known to Japanese fishermen as *karasu* (the raven) since the 1940s, this whale is indeed a separate species. This has been confirmed following DNA analysis of the remains — a big addition to the club of mammals known to science.

BRIGHT FUTURE

A ray of hope in the fight against climate change: University of Illinois researchers have invented a solar cell that converts greenhouse gases from the air into fuel — using only the sun's energy.

SOUND SMART

PSYCHOSOMATIC

DEFINITION

Psychosomatic symptoms are caused or aggravated by emotional and psychological factors. The pain is real, but the source is the brain, not the part of the body that hurts.

USE IT IN A SENTENCE

Sharon has been getting headaches every day, and she's convinced they have something to do with the new electrical wires near her house. Her doctor thinks the cause is **psychosomatic**.

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CITIZEN SCIENTIST by Genna Buck

Can the weather really give me a headache?

I had a horrible migraine during a thunderstorm. Is it true weather change can trigger a headache? — Don, Edmonton

Migraine sufferers sure believe that. On surveys, up to 70 per cent say their headaches are affected by weather changes.

Research suggests there's something to that, but there's reason for skepticism. A 2010 textbook on clinical neurology cautions: "Taken together, virtually all aspects of life have been suspected to trigger migraines

... but scientific evidence for many of these triggers is poor."

Studies that compare headache patterns with actual meteorological data, instead of just self-reports, produced mixed results. Several found no relationship between weather changes and headaches.

A few, however, have been more convincing. A 2015 Japanese study compared migraine sufferers with people with common tension headaches during the time a cyclone (a significant change in

atmospheric pressure) swept in. More than 70 per cent of migraine patients, but only 21 per cent of others, reported migraine attacks.

A study of 7,054 migraine patients visiting a Boston emergency room between 2000 and 2007 found a temperature increase of 5 C in the 24 hours before the ER visit increased risk of migraine by 7.5 per cent.

Though the evidence isn't as robust as it could be, I'm more inclined to believe in weather over other proposed migraine

triggers (like wifi and magnetic fields), because there's a plausible mechanism behind it.

It's believed when air pressure increases or decreases during weather changes, blood vessels in the brain compress or expand. This irritates nearby nerves, causing throbbing pain and symptoms like nausea and sensitivity to light. Ouch. That's all too believable to people who suffer from migraines.

Science Question?
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How a star was Bourne

RETROSPECT

Matt Damon returns to role that cemented his career

Richard Crouse
For Metro Canada



In the latest Jason Bourne movie, Matt Damon will punch, kick and spy master his way to the top of the box office charts.

His previous Bourne films, *Identity*, *Supremacy* and *Ultimatum*, were all hits commercially and critically.

Damon says he owes a great deal to the fictional character.

After the early success of *Good Will Hunting*, *Saving Private Ryan* and *The Talented Mr. Ripley* made him a star, a string of flops cooled his box office appeal.

"Right before *The Bourne Identity* came out," he said, "I hadn't been offered a movie in a year."

Then his career was Bourne again.

"It's incalculable how much these movies have helped my career," he told *The Telegraph*. "Suddenly it put me on a short list of people who could get movies made."

In the spirit of "one for them, one for me" for every film like *The Martian* or the new Jason Bourne, Damon has attached himself to smaller,



"Right before *The Bourne Identity* came out I hadn't been offered a movie in a year," says Matt Damon. CONTRIBUTED

riskier projects.

He lent his star power to *The Good Shepherd*, a low budget film directed by Robert De Niro. It's a spy movie without the bells and whistles we've come to expect from our favorite undercover operatives.

There are no elaborate chase scenes à la James Bond or even the great scenery of the Bourne flicks.

In fact, the only thing *The Good Shepherd* shares with

MOVIE RATINGS by Richard Crouse

Jason Bourne ★★★
Bad Moms ★★★
Café Society ★★★★
Nerve ★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

any of those movies is Damon, who plays Edward Wilson, one of the (fictional) founders of the CIA.

Despite mixed to good re-

views — *USA Today* gave the film three out of four stars — and winning the Silver Bear of the prestigious Berlin International Film Festival, the

movie barely earned back its production costs at the box office.

Ninety per cent of director Steven Soderbergh's job on *The Informant!* was casting this mostly true tale of a highly paid executive-turned-whistleblower who helped uncover a price fixing policy that landed several executives (including himself) in jail.

It's a tricky balancing act to find an actor who can keep the audience on-board

through a tale of corporate malfeasance and personal greed, who can be likeable but is actually a liar and a thief, but Damon is the guy.

The Informant! skewed a tad too far into art house territory to be Soderbergh's new *Erin Brockovich*-sized hit, but Damon's presence kept the story of accounting, paperwork and avarice interesting. Reviews were kind but *A Serious Man* and *The Twilight Saga: New Moon* buried the film on its opening weekend.

Damon teamed with John Krasinski to produce and co-write *Promised Land*, a David and Goliath story that relied on the charm and likability of its cast to sell the idea that fracking is bad and the corporations who dupe cash-strapped farmers into leasing their land are evil.

It's hard to make talk of water table pollution dramatic but *Promised Land* makes an attempt by giving much of the heavy lifting to Damon.

Done in by middling reviews and "sobering" box office receipts, this earnest and well-meaning movie might have been better served in documentary form.

With an Oscar on his shelf and more than 70 films on his resume Damon is philosophical about the kinds of films he chooses to make, big or small.

"If people go to those movies, then yes, that's true, big-time success," he says.

"If not, it's much ado about nothing."

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Viggo talks the Habs and the have-nots

INTERVIEW

Canadiens fan and actor stars in film about life off the grid

Viggo Mortensen is famously an Oscar-nominated actor — and a major Habs fan.

The star of the moving new drama *Captain Fantastic*, which is getting rave reviews for its portrayal of a family living in isolation off the grid, has donned Montreal Canadiens garb at press conferences and on film sets, including for *The Lord of the Rings* and *A History of Violence*.

Naturally, during a recent phone interview about *Captain Fantastic* (now in theatres), the topic shifted to the team's recent trade of star player P.K. Subban. "I'm sick about it, I'm sad about it," said the New York native, who got a best actor Oscar nomination for the David Cronenberg-directed *Eastern Promises*.

"But it's a team sport, it's not just one guy that makes your team good or bad. So I'm optimistic that maybe it will be good



Viggo Mortensen and his fellow actors had a crash course in survival skills prior to filming *Captain Fantastic*. CONTRIBUTED

in some way, for the collective."

Mortensen even brought a bit of Quebec to the set of *Captain Fantastic*, written and directed by Matt Ross. Mortensen plays a father raising his six children in the forests of the Pacific Northwest, isolated from society with no cellphones or tech gadgets.

When Ben's wife dies, the family is determined to give her the funeral she wanted — rather

than the service her wealthy parents plan for her in the city.

Anti-capitalist Ben loves literature, as does Mortensen (the actor is the founder and editor of Perceval Press), and he used his own books as props. They included titles from Quebec poets as well as Noam Chomsky and Howard Zinn.

He also brought his own canoe, bicycles, plants, clothing

and kitchen items to the set, where he lived before shooting.

Mortensen and the actors who play Ben's children went through a physical and intellectual boot camp of sorts a couple of weeks before shooting.

"We did rock climbing and martial arts and played a lot of music together and spent time together and did woodcraft, tracking, skinning, gut-

ting animals," said Mortensen.

"You name it, we did everything, and by the time we got to the first day of shooting, we knew each other really well."

Mortensen said when he first read the script, he didn't know what to make of the title.

"And then I realized, I guess you could put a question mark after it, it's sort of tongue-in-cheek. It asks more questions

than it answers. It posits that perhaps this is the greatest father in the world and then the next minute you're thinking, 'This guy is a menace to society.'"

Still, he ascribes to some of Ben's views, including his matter-of-fact approach to communication. Poor communication is a problem in many countries, said Mortensen. He also laments those who use new technologies not to learn more about the world but "to reinforce their pre-existing ideologies or points of view in shallow ways."

"There's so much more that we could do and probably will, eventually," he added. "One thing is to go play *Pokemon Go*, and I guess there's nothing wrong with that. Another is to find out exactly what's going on in your government and your community and what people have done in the past when they've come up against obstacles of society, to communication, to war, poverty. There's a lot more that we can learn."

"So I guess this movie made me feel like it's worthwhile, life is short, I want to find out more. That's the way I feel anyway but it just reinforced it tenfold."

THE CANADIAN PRESS

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Dennis Dermody, PAPER MAGAZINE

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WRITTEN AND DIRECTED BY
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Street murals.

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The real Vegas

DISCOVER

Forget the Strip, this desert city is full of surprises

Nichole Jankowski
For Metro Canada

It's easy to follow the madding crowd in Las Vegas — last year, three out of every four visitors stayed on the Strip.

A privately-owned monorail shuttles passengers the 6.4 kilometres between seven major hotels and casinos, while pedestrian bridges restrict as much as they facilitate movement by requiring those on foot to walk to well-separated staircases and climb two stories just to cross Las Vegas Boulevard.

The Strip is designed so much with tourists in mind that, the story goes, when MGM built its mixed-use CityCenter it did not include a grocery store or school.

Outside of this stretch, however, there are neighbourhoods planning for community — this is the Las Vegas you'll want to take in when the buzz from your electric-guitar-sized to-go cup starts to wear off.

First up is the Downtown Container Park, an open-air entertainment and shopping centre made of repurposed shipping containers, that opened in the East Fremont neighbourhood in 2013.

Entrepreneur Tony Hsieh put

\$350 million into the project to renovate the municipality's true downtown. The small storefronts keep startup costs low, and short-term leases and loans are available for new businesses. Inside the compound are specialty shops like Art Box, which sells the work of local artists and crafters; Simply Pure, a vegan and raw restaurant; and SasaSweets Chill Spot, famous for its artisan popsicles.

Gentrification is spotty, but a couple blocks west a few new bars have opened, including Park on Fremont and Commonwealth, and a renovated El Cortez Cabana Suites provides affordable accommodation despite not having access to the amenities of the Strip.

Abandoned buildings still dot the area, but locals are fighting back with Life is Beautiful. The music and arts festival, which runs Sept. 23-25, boasts headliners Mumford & Sons, The Lumineers and J. Cole this year. There's also a lineup of chefs and educational speakers, but it's the art that makes an impact year-round.

Internationally renowned street artists like D*Face, Borondo and Zio Ziegler are brought in to paint colourful murals on existing and shuttered businesses. These works have become a destination in themselves and the foot traffic is said to be helping reduce crime in the area.

More recently, planners for Strip properties have taken note: the newly opened outdoor corridor between the New York New-York and Monte Carlo resorts and the T-Mobile Arena offers a safe, walkable dining and entertainment district that includes public art; its centrepiece a 40-foot-tall sculpture of a dancing woman by artist Marco Cochrane.

To get the big picture, further down the Strip a London Eye-like ferris wheel called the High Roller offers a spectacular view that tops out at 550 feet. A full revolution takes 30 minutes, so head out just before sundown if you literally want to see change on the horizon.

Bliss Dance, a 40-foot-tall piece by Marco Cochrane, in Sculpture at the Park. NICHOLE JANKOWSKI/FOR METRO

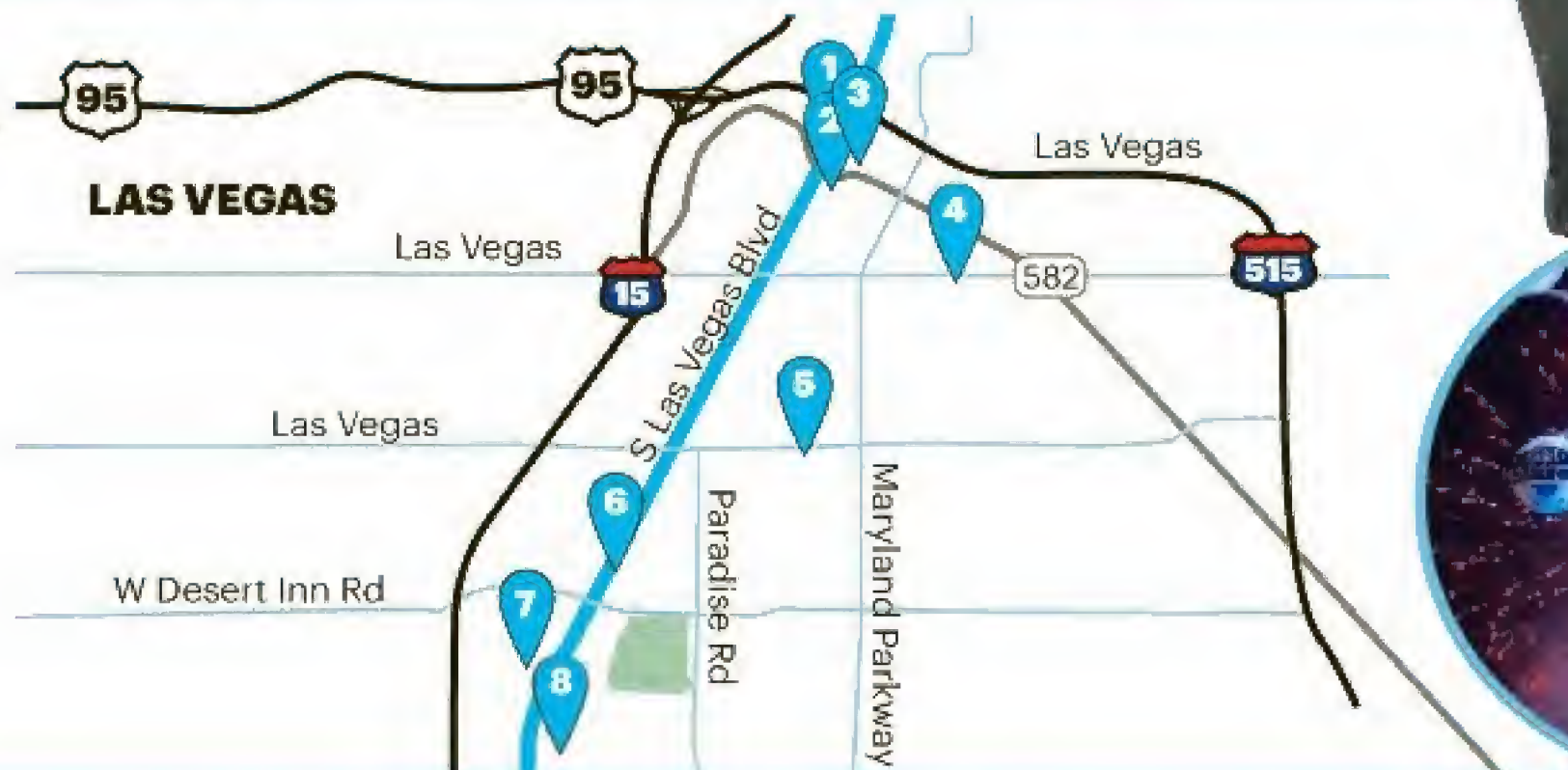


MAP

Las Vegas Shortlist

Quick ideas for where to go when you visit:

- 1 Downtown Container Park
- 2 Gold Spike
- 3 Park on Fremont
- 4 Tacos El Gordo
- 5 Peppermill Fireside Lounge
- 6 Mystère by Cirque de Soleil
- 7 High Roller
- 8 The Park Las Vegas



Walker on path for major breakthrough

PGA CHAMPIONSHIP

48th-ranked golfer grabs early lead with 5-under 65

A drab year for Jimmy Walker took a turn for the worse two weeks ago at the British Open, when he stayed in what was dubbed the "frat house" at Royal Troon with Jordan Spieth, Rickie Fowler, Justin Thomas, Jason Dufner and Zach Johnson. Walker was the only one to miss the cut.

He still stayed the weekend. He just stayed away from the golf course, and his clubs. How does one kill time in such a small Scottish town?

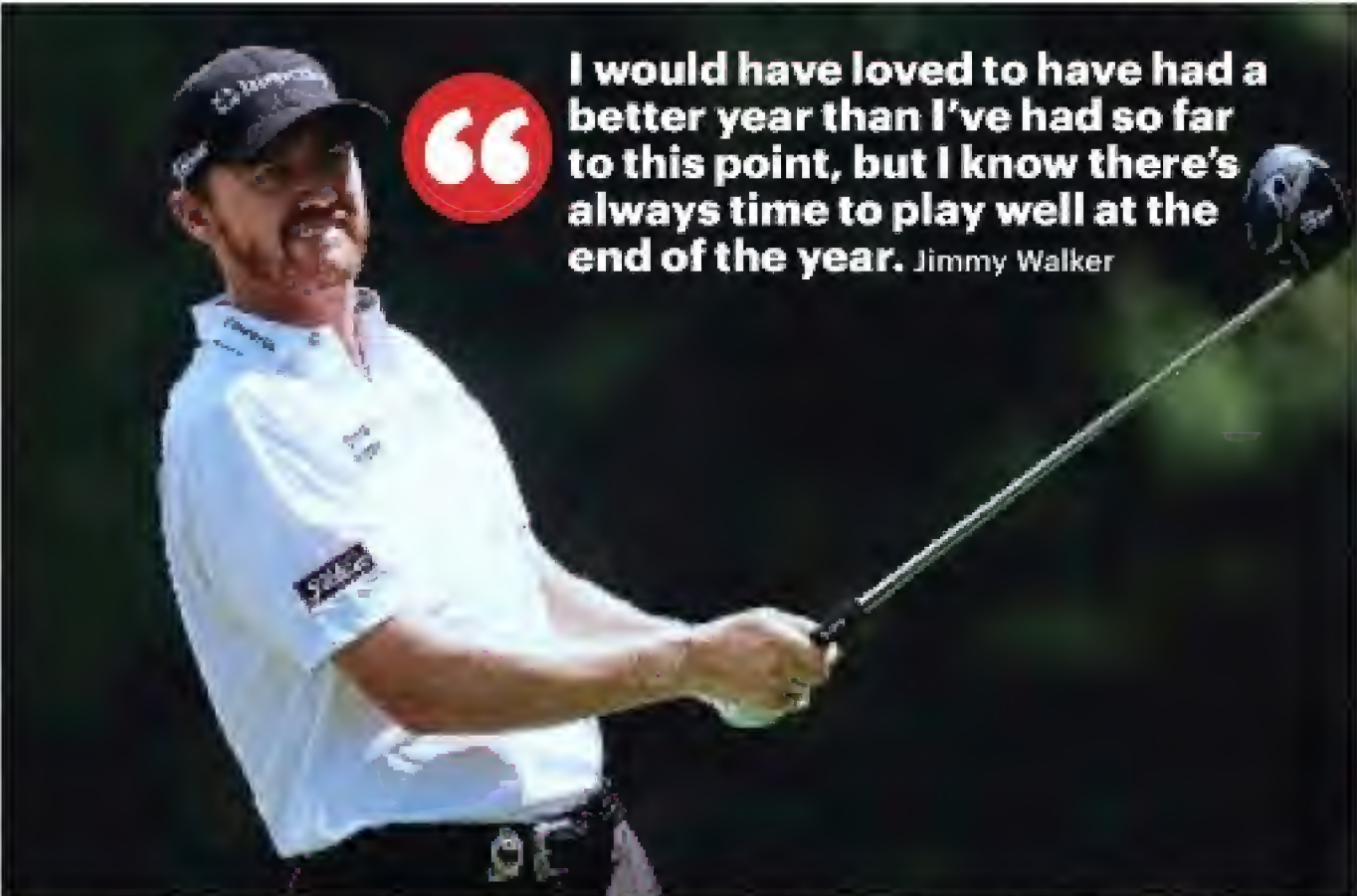
"When the first guy comes back and he's ready for a cocktail, you have one," Walker said.

Thursday in the PGA Championship, the drinks were on Walker.

In the final major of the year, Walker finally saw enough putts to fall at Baltusrol that he matched his low score in a major with a 5-under 65 and wound up leading a major for the first time in his career.

Just like that, a stale year came to life.

Walker had a one-shot lead over two-time major champion Martin Kaymer, Emiliano Grillo and Ross Fisher.



Jimmy Walker tees off on the sixth hole at Baltusrol Golf Club on Thursday in Springfield, N.J. STREETER LECKA/GETTY IMAGES

+

MORE SCORES

Jason Day	-2	68
Rickie Fowler	-2	68
Jordan Spieth	E	70
Phil Mickelson	+1	71
Rory McIlroy	+4	74
Dustin Johnson	+7	77

And for Henrik Stenson, a great year might get even better. Coming off his record performance at the British Open,

the Swede had three birdies on the back nine as the sweltering heat gave way to dark clouds and 20 m.p.h. gusts. That gave him a 67, leaving him two shots behind. Stenson is trying to join Ben Hogan in 1953 as the only players to win back-to-back majors at age 40. "It's going to be a great season for me," Stenson said. "But at the same time, I want to give myself a chance to try to make it the best season." Walker's year has been so

mediocre that he has finished within five shots of the winner only once this year, at Torrey Pines. "I feel like all year it's just been real stale and stagnant," Walker said. "It's just ebbs and flows of golf. Just haven't been scoring ... It's frustrating. I would have loved to have had a better year than I've had so far to this point, but I know there's always time to play well at the end of the year." THE ASSOCIATED PRESS

ROGERS CUP

Raonic breezes into quarter-finals

Canadian Milos Raonic downed American qualifier Jared Donaldson 6-2, 6-3 on Thursday night in the third round of the Rogers Cup in Toronto. Raonic will play France's Gael Monfils on centre court at York University's Aviva Centre in the quarter-finals on Friday. Monfils beat Belgium's David Goffin 7-6 (5), 2-6, 6-4, earlier in the day to advance. Top-seeded Novak Djokovic of Serbia played in the final match of the night against Czech qualifier Radek Stepanek on centre court. Raonic, from nearby Thorn-

hill, Ont., established his dominance from the very first serve, hitting 235 km/h on his first shot of the game. He fired four aces to earn his first game and won the set with a slicing backhand volley at the net, pumping his fist as the crowd roared its approval. Raonic's mastery of the court was on display in the second set. He charged the net looking for a volley after a serve, but pulled his racket out of the way of Donaldson's return — to the stunned gasps of his fans — to let the ball sail just out of bounds. THE CANADIAN PRESS

I love to play when it's crowded, and if the crowd is for the other one, it's fine.

Gael Monfils

IN BRIEF

Rockies rally to beat Mets
Mets steady closer Jeurys Familia stumbled for a second straight game, allowing two runs in the ninth inning as the Colorado Rockies beat New York 2-1 Thursday for their seventh win in eight games. Familia didn't do himself any favours, throwing a wild pitch to allow David Dahl to cross the plate with the go-ahead run. The reliever's streak of consecutive regular-season saves was at 52 before Wednesday. THE ASSOCIATED PRESS

F1 needs more time to test Halo before introducing it
The governing body of world motor sports says frontal cockpit protection will be introduced for Formula One cars, although not before the 2018 season, to allow for more testing. The F1 Strategy Group agreed on the move after a meeting in Geneva. Drivers, who spoke strongly in favour of the "Halo" system on Thursday, were hoping it would come into force next season. THE ASSOCIATED PRESS

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Herdman hoping for youthful boost

ROAD TO RIO
Warming up for kickoff

Canada coach looked to NFL guru to inspire latest lineup

In the wake of Canada's disappointing exit in the quarter-finals of last summer's home-soil Women's World Cup, head coach John Herdman

said he needed time to think and someone to talk to.

Among his sounding boards was Pete Carroll, a guru of that other kind of football and coach of the NFL's Seattle Seahawks. A mutual friend teed up a meeting and Herdman made the drive from his Vancouver home to the Seahawks' home base.

"We talked about some things, like our failings and what led to those things, and looking ahead to the future... He was an excellent listener and he provoked my thinking," Herdman said in a recent interview.

Herdman's main takeaway from his time with Carroll?

"Probably the biggest thing he said that stuck with me was,

"Give those rookies their shot," Herdman said. "Pete just gave us the courage to really thrust them in, as opposed to carefully — and too carefully — manicuring them in."

That youth will be attempting to build upon its bronze-medal performance in 2012 when Herdman's team delivered some of the top moments of the Games.

The bar for future success was set awfully high so after failing to reach it a year ago, Herdman has made changes he insists make for a superior unit.

"The last team, I had nine months to work with them. This group, we've been working for four years to get to this point," Herdman said. "It's always hard to say, 'Is it better?' But in my mind, to be able to have four years of preparation, it's a better team."

Better and younger, thanks in part to Carroll's urgings. Christine Sin-

clair remains the centrepiece up front and veterans are still at the core of the squad. But the injection of the likes of 21-year-olds Ashley Lawrence and Janine Beckie, 18-year-old Jessie Fleming and 17-year-old Deanne Rose makes sense for these Games and the next.

"When is the right time (for youth)? Is it now? Is it tomorrow? Is it in three years' time? I think after the World Cup we realized we needed to add more faces to the team," Herdman said. "We needed to add more craft and guile to our possession and attacking play. And these young players were showing they had that in them... It's been a great journey. Four years of work. We're well-positioned for these Olympics."

TORSTAR NEWS SERVICE

NHL

Coyotes lock up key defensive pair

The Arizona Coyotes locked up two of their best young defencemen on Thursday, signing Connor Murphy to a six-year contract and Michael Stone to a one-year deal.

Murphy's deal is for \$23.1 million with a salary cap hit of \$3.85 million. Stone's deal, which allows him and the team to avoid a salary arbitration hearing next week, is worth \$4 million.

"We're happy to get these two guys signed," Coyotes

general manager John Chayka said. "Both right shots, which are obviously difficult to find. Both had good years, career years last year and really bought into what the coaching staff was trying to preach with more involvement from the back end in our offence and moving pucks more efficiently." THE ASSOCIATED PRESS



Connor Murphy
GETTY IMAGES

IN BRIEF

Wild, Dumba strike deal

The Minnesota Wild and defenceman Matt Dumba have agreed to terms on a two-year, \$5.1 million contract.

The deal was done Thursday with Dumba, who was a restricted free agent. He'll make \$2.35 million this season and \$2.75 million next season. The 22-year-old was the Wild's first-round draft pick in 2012. THE ASSOCIATED PRESS

Russians head to Rio

A depleted Russian team departed for the Olympics in Rio de Janeiro on Thursday, missing dozens of athletes who were excluded amid the country's doping scandal.

Team members left on a charter flight from Moscow's Sheremetevo airport to Brazil, a day after an emotional farewell ceremony with Russian President Vladimir Putin in the Kremlin. THE ASSOCIATED PRESS



Canada will look to Ashley Lawrence to lead the program's next generation. GETTY IMAGES



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20 Weekend, July 29-Aug. 1, 2016

metroSPORTS

Broncos focused on what lies ahead

NFL

**Super Bowl
champs done
celebrating
February's feat**

Shortly after the Denver Broncos began training camp Thursday with Jay Z's On To The Next One blaring over the loudspeakers, their safeties and cornerbacks donned actual blinders.

"It's about focusing on one thing at a time and focusing on what you're supposed to be focused on," safety T.J. Ward said. "You're supposed to be reading the quarterback and supposed to have your eyes on the receiver. Just training your eyes."

Defensive backs coach Joe Woods wanted his guys to see what was in front of them and not be distracted by anything in the periphery.

It was an especially timely initiative given coach Gary Kubiak's opening-of-camp message to put Super Bowl 50 behind them and focus solely on what



Super Bowl MVP Von Miller signs autographs for fans in Englewood, Colo., Thursday. DAVID ZALUBOWSKI/THE ASSOCIATED PRESS

lies ahead.

"I told them we're not defending anything; we're chasing the next one," Kubiak said.

Quarterback Trevor Siemian took the admonition to heart, declaring last year "was a heck of a ride. But that team's dead, so to speak."

"Dead? No, there's still a few of them out here," Kubiak said. "But I think that's the big thing is that it's over, it's gone, it's a

new group."

The biggest question facing the champs is who will succeed Peyton Manning, who retired in March, 48 hours before his backup, Brock Osweiler, signed with Houston.

Mark Sanchez started Thursday and looked sharper than Siemian, a second-year pro who has the most experience in Kubiak's offence.

THE ASSOCIATED PRESS

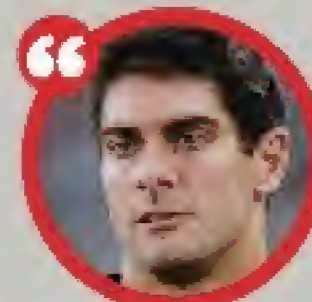
IN BRIEF

Monday Night Football in Mexico sells out quickly

The NFL says the Nov. 21 Monday night game in Mexico City between the Oakland Raiders and the Houston Texans sold out in under a half-hour Thursday.

The game at the cavernous Azteca stadium will mark the league's return to Mexico for the first time since the San Francisco 49ers and the Arizona Cardinals played there in 2005.

THE ASSOCIATED PRESS



You might only get one, so you gotta make the best of it.

Jimmy Garoppolo on his opportunity to start the NFL season as the Patriots' starting QB with Tom Brady serving a suspension

Jags rookie shows no ill effects from knee injury

Jacksonville Jaguars rookie cornerback Jalen Ramsey practised Thursday for the first time since tearing a meniscus in his right knee.

The fifth overall pick in the NFL draft, Ramsey worked mostly with the first-team defence on the opening day of training camp and showed no issues with his knee.

THE ASSOCIATED PRESS

Vikings extend head coach

The Minnesota Vikings have given coach Mike Zimmer a contract extension as he opens his third training camp with the team.

General manager Rick Spielman declined to disclose the terms of the deal.

THE ASSOCIATED PRESS



There's a process to this and it's not an exact science.

QB Drew Brees on the inability to agree on a contract extension with the Saints prior to training camp

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RECIPE Mushroom Melt with Pears



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

You can't deny the appeal of a grilled sandwich, and the addition of sweet pears only makes this oozy melt more appealing.

Ready in

Prep time: 5 minutes
Cook time: 10 minutes
Makes: 1 serving

Ingredients

- Pumpkin Bread
- butter
- Dijon mustard (optional)
- cremini mushrooms, thinly sliced
- pears, thinly sliced
- Fontina cheese, grated

Directions

1. In a skillet, melt a pat of butter over medium heat. Toss in your sliced mushrooms and push them around until they soften

up. Remove from pan and set aside. Wipe out your pan.

2. Butter the bread (and swipe the other side with a bit of Dijon for adventurous kids or adults) and place each piece in the pan, butter side down. Place a good handful of Fontina on each, then press down a couple of slices of pear, followed by a good spoonful of mushrooms. Place another piece of Pumpkin bread on top, butter side out. Let that sizzle away for 2 or 3 minutes, peaking at the underside using a spatula to see that your bread is toasting not burning. Flip it.

3. Allow the sandwich to grill for a couple more minutes then remove from the heat. Cut in half and serve warm.

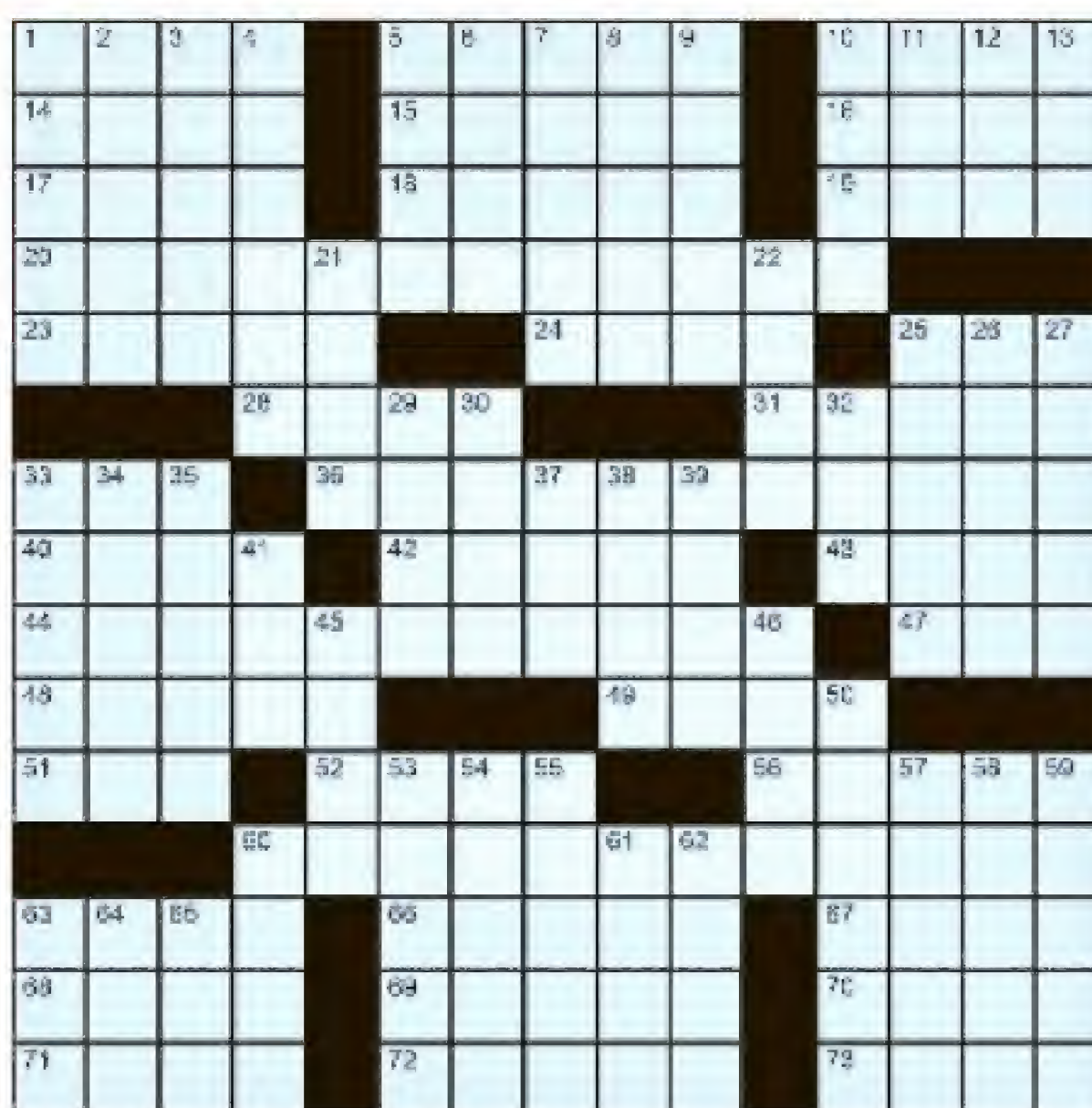
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Coach
- John __ (#36-Across) Newmarket, Ontario born co-star in #44-Across)
- Young hawk
- Same, in Sherbrooke
- Love, in Venice
- Hound's "Hey!" holler
- Ancient concert sites
- __ New Guinea
- Glimpse
- Group of Seven painter whose works are currently being exhibited at the Art Gallery of Ontario in Toronto: 2 wds.
- Result
- Ms. Redgrave
- __ and flow
- Alberta, e.g.
- Showy variety of lily
- TV Cousin
- American comedian/writer/actor who is a co-curator of the exhibit at #20-Across: 2 wds.
- __ crust pizza
- Astrological aspect; or, Deuce-ace
- Part of speech, e.g.
- "Planes, Trains and __" (1987)
- Stop-__
- Doubled-lettered-starting creature
- Mix
- Currency in Japan
- Ivy League school



- Preference
- North Shore, __ (1926 oil on canvas by #20-Across)
- Dawn love song
- "I" of IV
- Rock music's Better Than __
- Forest mammal
- Marketing

- link: 2 wds.
70. Hobby shop items
71. Dungeon-like
72. Have __ egg (Have savings)
73. __planting ceremony

DOWN

- Arcade game, Whac-__
- Vehicle variety
- Some ducks
- Shred the sheets: 2 wds.
- __ Crunch (Breakfast cereal)
- Nursemaid

- Certain cactus
- England: Theatre Royal __ Lane (West End theatre in London)
- Wish wistfully
- Ophthalmologist's interest
- Not-no
- Matterhorn, for one

- Operative
- 'Ballad' suffixes
- King Atahualpa, for one
- Musician's Sir John
- Flashy jewellery
- Instrument played by #36-Across
- Mr. Preminger
- Action word
- Curve
- Po River locale
- Mount __, Bylot Island (Painting of 1930 by the Brantford, Ontario born artist at #20-Across)
- Greek Myth: Prometheus, for one
- Gladiator's lucky number
- Photocopies made bigger, for short
- Convene
- __ de plume
- Ms. Angelou
- Venue
- Most unique
- Dog of Japan
- Russian leader, b.1870 - d.1924
- Cosmetics company, __ Lauder
- Measuring person, say
- Dessert selection
- Obliterate
- Songbird sort
- Leon __ (Exodus author)
- Hound's huff
- Do 'plus' work
- Musicals star Ms. Salonga
- Mr. Mulroney

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Sports events, romantic dates and time spent with children are areas where you might lose your temper today. Your objective is to have fun today. Keep this in mind.

Taurus April 21 - May 21
Avoid family squabbles or conflict with partners today, because you need this like a fish needs a bicycle. Stay mum and do everything (including you) a favour.

Gemini May 22 - June 21
Don't try to win an argument today. Don't try to make a point. Demonstrate grace under pressure. Be a role model for others.

Cancer June 22 - July 23
Money squabbles are likely today, especially over children or social situations. Money is always a tricky thing between friends and romantic partners.

Leo July 24 - Aug. 23
Most people are touchy and irritable today, which is why you have to tread carefully. You might feel that you have to defend your ideas or beliefs when talking to someone. Oh well.

Virgo Aug. 24 - Sept. 23
Something going on behind the scenes might annoy you or become annoying for someone else. Assume nothing. Be prepared to smooth-talk your way out of something.

Libra Sept. 24 - Oct. 23
Quarrels with friends or members of groups might occur today. Think of the downside, especially for the future. Don't make a scene. Anger serves no purpose other than to make everyone else miserable.

Scorpio Oct. 24 - Nov. 22
You might be intimidated by someone in a position of power today because he or she is rude or coming on strong. That's his or her problem. You don't have to react.

Sagittarius Nov. 23 - Dec. 21
Do not preach or proselytize to others today because it won't work. People will object. In fact, some people are waiting for an excuse to fight. Don't give it to them.

Capricorn Dec. 22 - Jan. 20
Postpone discussions about shared property and inheritances for another day, because something will go south fast today. Easy does it.

Aquarius Jan. 21 - Feb. 19
It's not easy dealing with people today, especially bosses and partners. Before you know it, they are at loggerheads. Run away! Run away!

Pisces Feb. 20 - March 20
Another argumentative day! The difference today is that arguments will likely take place at work. Chill out. Stay on good terms with co-workers because you have to work with them tomorrow and tomorrow and tomorrow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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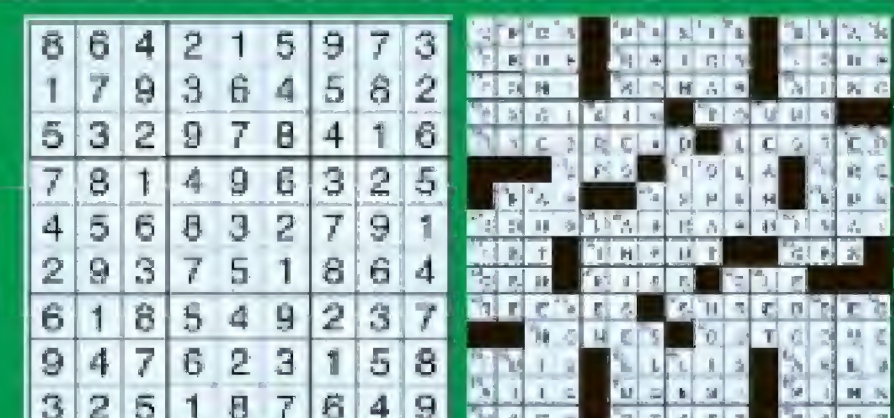
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